



Unique
GENIUS
WORKBOOK

ANGELA CHANOWSKY

INTRODUCTION: WELCOME TO LIVING FULLY IN YOUR UNIQUE GENIUS

Welcome to a transformational journey—one designed to help you uncover, embrace, and live fully in your Unique Genius. If you're here, it means you're ready for more: more time, more growth, and more impact. You've worked hard to build your business and navigate life's challenges, but deep down, you know there's a version of you waiting to break free—a version that operates at your highest potential, energized and aligned with your purpose. This workbook is your guide to uncovering that version of yourself and stepping into a life of harmony, fulfillment, and exponential success.



WHAT IS YOUR UNIQUE GENIUS?

Your Unique Genius is the combination of three powerful forces:

1. **Your Strengths:** What you're naturally good at—the skills and talents that set you apart.
2. **What Lights You Up:** The activities that make you feel alive, excited, and energized.
3. **Alignment with Your Mission and Vision:**
Living in a way that aligns with your values, purpose, and the impact you want to make.

For many, the true expression of their Unique Genius is buried under years of life's challenges—stress, trauma, and fear of stepping outside the comfort zone. This workbook will help you unearth that genius, dust it off, and empower you to live in alignment with who you are meant to be.



WHY THIS WORKBOOK?

As business owners, leaders, and dreamers, we often find ourselves stuck in the grind—overwhelmed by the sheer volume of tasks, responsibilities, and decisions. It's easy to lose sight of why we started this journey in the first place. The goal of this workbook is to help you rediscover that “why” and create a framework for living it out daily. By identifying your Unique Genius and aligning your work and life with it, you'll experience more freedom, more creativity, and more joy.

This isn't just about working smarter; it's about working and living with purpose. It's about shifting from hustle to harmony, from busyness to brilliance, and from burnout to a life that truly sets your soul on fire.



WHAT TO EXPECT

This workbook is structured into four powerful sections, each designed to guide you step-by-step:

1. Uncovering Your Unique Genius: Exercises to help you identify your strengths, passions, and alignment with your purpose.
2. Crafting Your Mission and Vision: Tools to create a personal mission and vision statement that will serve as your compass.
3. Setting Meaningful Goals: Guidance to translate your mission and vision into actionable, measurable goals across every area of life.
4. Living Fully in Your Unique Genius: Strategies to align your daily actions with your genius, and tools to create habits and systems for long-term success.

Each section includes reflective exercises, practical tools, and real-world strategies to ensure you not only gain clarity but take action. Think of this workbook as your partner—a supportive guide to help you dream bigger, act bolder, and create a life you love.



HOW TO USE THIS WORKBOOK

This isn't a "read it and forget it" kind of book. It's a living document—a toolkit you'll return to time and again as you grow. Take your time with each exercise. Reflect deeply. Be honest with yourself, even when it feels uncomfortable. Growth doesn't happen in comfort zones, but it does happen when we're willing to show up with courage.

Set aside uninterrupted time to work through each section. Find a space where you can focus and connect with your thoughts. Keep a journal or notepad handy for extra reflections. And most importantly, approach this journey with an open mind and heart. You're here because you're ready for something bigger, and that willingness is your greatest asset.

A PERSONAL NOTE FROM THE AUTHOR

This workbook is deeply personal to me because I've walked this path myself. For years, I was caught in the hustle—working harder, saying yes to everything, and trying to be everything to everyone. I thought success meant grinding my way to the top. But over time, I realized that true success isn't about doing more; it's about doing the right things. It's about aligning your work with your Unique Genius and creating a life that feels as good as it looks.

I've poured my heart into this workbook because I believe in the power of living fully in your Unique Genius. I've seen the transformation it creates—not only in my own life but in the lives of countless business owners I've had the privilege to work with. This isn't just about business; it's about creating a life of impact, joy, and freedom.

You're not here by accident. You're here because you're ready for more. Let's embark on this journey together and create something extraordinary.

Grab your favorite pen, a quiet space, and an open heart. It's time to uncover the brilliance within you and start living fully in your Unique Genius. Let's make magic happen!



SECTION 1: UNCOVERING YOUR UNIQUE GENIUS

INTRODUCTION TO UNCOVERING YOUR UNIQUE GENIUS

The first step to living fully in your Unique Genius is to uncover it. For many of us, this brilliance is buried under layers of responsibilities, societal expectations, and even past traumas. It takes intentional effort to reconnect with who you are at your core: your strengths, your passions, and the activities that align with your purpose. This section will guide you through exercises to identify and embrace these essential elements.

Your Unique Genius is already within you—it's simply waiting to be rediscovered. Through self-reflection and intentional action, you'll peel back the layers and find the clarity you need to move forward with purpose.



EXERCISE 1:

STRENGTHS INVENTORY

INSTRUCTIONS:

1. **Brainstorm Your Strengths:**

- Create a list of activities, skills, and tasks that you feel you excel at. Don't overthink it—write down anything that comes to mind.
- Examples: problem-solving, public speaking, creative thinking, organizing, managing teams, building relationships.

2. **Ask for Outside Input:**

- Reach out to three people who know you well (colleagues, friends, mentors) and ask:
 - "What do you think I'm really good at?"
 - "What do you see as my unique strengths?"
- Write down their responses.

3. **Categorize Your Strengths:**

- Group similar strengths together (e.g., communication skills, technical abilities, leadership qualities).

Reflection Questions:

- What strengths do I feel most proud of?
- Which strengths bring me the most satisfaction when I use them?

EXERCISE 2:

RATING SCALE OF JOY AND FLOW

Purpose: To evaluate how different activities make you feel and identify those that align with your passions.

Instructions:

1. List Regular Activities:

- Write down 10-15 activities you engage in regularly (both at work and in life).

2. Rate Each Activity:

- Use a 1-10 scale to rate:
 - **Joy:** How much do you enjoy this activity? (1 = dread, 10 = pure joy)
 - **Flow:** How often do you lose track of time while doing this? (1 = never, 10 = always)

3. Identify Patterns:

- Highlight activities with high scores (8-10) in both joy and flow.
- These are the tasks that align most closely with your passions.

Reflection Questions:

- Which activities feel like a natural extension of who I am?
- Which activities feel draining or misaligned?

EXERCISE 3:

REFLECTIVE JOURNALING PROMPTS

Purpose: To tap into deeper insights about what lights you up and aligns with your passions.

Instructions:

Take time to reflect on the following prompts. Write freely, without judgment:

- When do I feel most alive and excited?
- What tasks or projects do I naturally gravitate toward?
- When do I feel “in the zone,” completely focused and engaged?
- What feedback or compliments do I consistently receive from others?

EXERCISE 4:

BODY FEEDBACK MAP

Purpose: To use physical sensations as a guide for identifying activities that align with your Unique Genius.

Instructions:

1. Recall Key Activities:

- Think about a few activities you've done recently.

2. Notice Physical Reactions:

- Reflect on how your body felt during or after these activities:
 - Did you feel energized or drained?
 - Light or heavy?
 - Calm or tense?

3. Create a Map:

- Divide a page into two columns: "Energizing Activities" and "Draining Activities."
- List activities under each based on your body's reactions.

Reflection Questions:

- What does my body tell me about what I should do more of?
- What activities should I minimize or delegate?

EXERCISE 5:

DEFINING YOUR UNIQUE GENIUS STATEMENT

Purpose: To summarize your strengths, passions, and alignment into a clear, actionable statement.

Instructions:

1. Combine Insights:

- Review your lists and reflections from the previous exercises.
- Highlight key themes that resonate most strongly.

2. Craft Your Statement:

- Use this formula to create a Unique Genius statement:
 - “I thrive when I [strength or activity] because it allows me to [impact or purpose], and it lights me up because [reason].”
- Example: “I thrive when I build relationships because it allows me to connect and inspire others, and it lights me up because I love seeing people achieve their potential.”

3. Write It Down:

- Place your Unique Genius statement somewhere you'll see it daily as a reminder of your core strengths and passions.



CLOSING REFLECTION FOR SECTION 1

Congratulations on uncovering your Unique Genius! This is a significant step toward living fully in alignment with your strengths, passions, and purpose. Take time to celebrate your discoveries and reflect on how they can guide your decisions moving forward. Remember, your Unique Genius is your superpower—it's what makes you extraordinary and uniquely capable of creating a bigger impact.

As you move into the next section, you'll use these insights to craft a mission and vision that reflects your authentic self and propels you toward exponential growth. Let's keep going!



SECTION 2: CRAFTING YOUR PERSONAL MISSION AND VISION

INTRODUCTION TO CRAFTING YOUR MISSION AND VISION

Now that you've uncovered your Unique Genius, it's time to define the "why" behind everything you do. A powerful mission and vision act as your compass, keeping you aligned with your purpose and guiding your decisions. Your mission reflects your core purpose and the impact you want to make, while your vision paints a vivid picture of the life and business you aspire to create.

In this section, we'll take a deep dive into crafting these essential statements. You'll explore what truly matters to you, the legacy you want to build, and the dreams that light your path. Together, we'll create a mission and vision that feel authentic, energizing, and uniquely yours.



EXERCISE 1:

THE "PERFECT DAY" VISUALIZATION

Purpose: To clarify what a fulfilling and aligned life looks and feels like.

Instructions:

1. Set the Scene:

- Close your eyes and imagine yourself a year from now, living your dream life.
- Picture a typical day: Where are you? Who are you with? What are you doing? How do you feel?

2. Write It Down:

- Describe your perfect day in vivid detail. Don't hold back—include everything from your morning routine to how you spend your evening.
- Example:
 - "I wake up in a calm, beautifully lit space. I spend my morning journaling, exercising, and connecting with my family. My workday is filled with creative projects that inspire me and make a difference for my clients. I end my day with gratitude, surrounded by people I love, feeling accomplished and at peace."

Reflection Questions:

- What stands out as the most meaningful part of this vision?
- How does this vision align with your strengths and passions?

EXERCISE 2:

MISSION STATEMENT BUILDER

Purpose: To define your purpose and the impact you want to have on the world.

Instructions:

1. Reflect on Your Impact:

- Answer these questions:
 - What problems do I feel called to solve?
 - Who do I want to serve or help?
 - What difference do I want to make in the lives of others?

2. Identify Core Values:

- List 3–5 values that guide your decisions (e.g., integrity, creativity, connection, growth).

3. Draft Your Mission Statement:

- Use this template:
 - “My mission is to [action or purpose] for [audience or beneficiaries] so that [desired impact].”
- Example:
 - “My mission is to empower small business owners to reclaim their time and live in their Unique Genius so they can create a bigger impact and a more fulfilling life.”

Reflection Questions:

- Does this statement resonate deeply with me?
- Does it feel inspiring and actionable?



EXERCISE 3:

VISION STATEMENT BLUEPRINT

Purpose: To create a compelling picture of your desired future.

Instructions:

1. **Expand on Your Perfect Day:**

- Imagine your life and business 5 years from now. What does success look like? What are you achieving?

2. **Answer Key Prompts:**

- What would I achieve if there were no limits to my potential?
- How do I want to be remembered by my family, clients, and community?
- What would make me feel like I'm living my best life?

3. **Craft Your Vision Statement:**

- Write a statement that captures this future.
- Example:
 - "I envision a life where I lead a thriving business that empowers others, maintain deep connections with my loved ones, and make a meaningful impact in my community. I live with joy, purpose, and abundance, continually growing and inspiring others to do the same."

EXERCISE 4:

ALIGNMENT CHECK

Purpose: To ensure your mission and vision align with your Unique Genius.

Instructions:

1. Review Your Mission and Vision Statements:

- Does your mission reflect your strengths, passions, and values?
- Does your vision excite you and feel achievable with effort and focus?

2. Refine as Needed:

- Adjust your statements to feel more authentic and aligned.

Reflection Questions:

- Do these statements inspire me to take action?
- Do they reflect who I truly am and what I stand for?

EXERCISE 5:

CREATING A MISSION AND VISION BOARD

Purpose: To make your mission and vision tangible and visual.

Instructions:

1. **Collect Visuals:**

- Gather images, quotes, and words that represent your mission and vision.
- Example: If your vision includes leading workshops, find images of inspiring speakers or audiences.

2. **Create Your Board:**

- Arrange these elements on a poster or digital platform.
- Place your mission and vision statements at the center.

3. **Display It Prominently:**

- Keep your board where you'll see it daily to stay inspired and aligned.

CLOSING REFLECTION FOR SECTION 2

You've just crafted the foundation of your journey: a mission that captures your purpose and a vision that paints a clear picture of where you're headed. These statements are more than words—they are your guideposts, keeping you grounded in your why and moving boldly toward your dreams.

As you move forward, revisit your mission and vision regularly. Let them remind you of the impact you want to make and the life you're building. In the next section, we'll transform these guiding principles into actionable, measurable goals that will take you closer to your vision every single day. Let's continue!



SECTION 3: SETTING GOALS FROM YOUR CORE VALUES

INTRODUCTION TO SETTING GOALS FROM YOUR CORE VALUES

Now that you've crafted a mission and vision that reflect your Unique Genius, it's time to take action. Setting meaningful goals is the bridge between dreaming and doing. Goals aligned with your core values, mission, and vision ensure that every step you take moves you closer to a life of impact, fulfillment, and success.

In this section, we'll guide you through writing actionable, measurable goals for different areas of your life. By the end, you'll have clear one-year, three-year, and five-year goals in key categories, empowering you to create harmony and exponential growth.



EXERCISE 1:

LIFE AREA BREAKDOWN

Purpose: To identify and create specific goals for key areas of your life.

Instructions:

1. Define Key Areas:

- Reflect on these core areas of life:
 - Relationships (family, friends, community)
 - Financial (income, investments, financial stability)
 - Spiritual (faith, mindfulness, inner peace)
 - Physical Health (fitness, nutrition, self-care)
 - Business (growth, innovation, leadership)
 - Hobbies (creative pursuits, leisure)
 - Personal Growth (learning, mindset, skills)

2. Set Goals for Each Area:

- For each area, write one goal for each timeline:
 - **One Year:** Immediate steps to move closer to your vision.
 - **Three Years:** Progress milestones that show growth.
 - **Five Years:** Big-picture achievements that align with your vision.

EXERCISE 1:

LIFE AREA BREAKDOWN

3. **Examples:**

- Relationships:
 - 1 Year: Schedule biweekly date nights with my partner.
 - 3 Years: Build deeper connections with five new mentors or peers.
 - 5 Years: Create a family legacy tradition, like an annual retreat.
- Business:
 - 1 Year: Grow revenue by 20% by implementing a new sales strategy.
 - 3 Years: Expand to a second location or launch a new product line.
 - 5 Years: Establish a mentorship program for upcoming entrepreneurs.

EXERCISE 2:

GOAL ALIGNMENT CHECK

Purpose: To ensure your goals align with your mission and vision.

Instructions:

1. Review Each Goal:

- Ask yourself:
 - Does this goal align with my core values?
 - Does it move me closer to my mission and vision?

2. Adjust as Needed:

- Refine any goals that feel misaligned.

Reflection Questions:

- Am I pursuing this goal for the right reasons?
- Does this goal excite me and feel achievable?

EXERCISE 3:

SMART GOAL FRAMEWORK

Purpose: To make your goals specific, actionable, and achievable.

Instructions:

1. Apply the SMART Criteria:

- For each goal, ensure it meets the following criteria:
 - **Specific:** Clearly define the goal.
 - **Measurable:** Include criteria for tracking progress.
 - **Achievable:** Ensure it is realistic given your resources and timeline.
 - **Relevant:** Align it with your mission, vision, and core values.
 - **Time-Bound:** Set a clear deadline.

2. Examples:

- General Goal: "Get in shape."
- SMART Goal: "Lose 10 pounds in six months by working out three times a week and eating healthy meals."
- General Goal: "Grow my business."
- SMART Goal: "Increase revenue by 20% within 12 months by implementing a new email marketing campaign."

EXERCISE 4:

VISUALIZATION AND AFFIRMATION

Purpose: To internalize your goals and make them feel real and achievable.

Instructions:

1. Write Your Goals as Affirmations:

- Turn your goals into present-tense affirmations.
- Example: Instead of "I will grow my business," write: "I am leading a thriving business that grows by 20% this year."

2. Visualize Success:

- Spend five minutes daily visualizing yourself achieving your goals. Picture how it feels, looks, and impacts your life.

3. Create a Vision Board:

- Include visuals, quotes, and key goals that inspire you. Keep it in a place you see every day.

EXERCISE 5:

PRIORITIZE AND PLAN

Purpose: To break down your goals into actionable steps and prioritize effectively.

Instructions:

1. **Select Your Top Three Goals:**

- Choose three goals to focus on over the next 90 days.

2. **Write an Action Plan:**

- For each goal, list the steps required to achieve it. Include deadlines for each step.
- Example:
 - Goal: Launch a new product.
 - Step 1: Conduct market research (Deadline: Week 1).
 - Step 2: Develop product prototype (Deadline: Week 4).
 - Step 3: Create marketing materials (Deadline: Week 6).
 - Step 4: Launch and promote (Deadline: Week 8).

3. **Schedule Your Action Steps:**

- Add these steps to your calendar to ensure consistent progress.

CLOSING REFLECTION FOR SECTION 3

You've just taken your mission and vision from words on a page to actionable, measurable goals that guide your journey. By setting SMART goals in every area of life, you've created a blueprint for growth and success.

As you move forward, revisit your goals regularly. Celebrate progress, refine where needed, and keep pushing toward your vision. In the next section, we'll create a plan to live fully in your Unique Genius, ensuring that your daily actions align with your mission and goals. Let's keep building momentum!



SECTION 4: LIVING FULLY IN YOUR UNIQUE GENIUS

INTRODUCTION TO LIVING FULLY IN YOUR UNIQUE GENIUS

You've uncovered your Unique Genius, defined your mission and vision, and set meaningful goals. Now comes the most important part: living it. This section is about putting everything into action, creating habits and systems that keep you aligned with your purpose, and building a strategy for sustained success.

Living fully in your Unique Genius requires intention, accountability, and continuous refinement. You'll learn to track your activities, identify what fuels you, and find ways to delegate, automate, or eliminate tasks that don't align. By the end of this section, you'll have a clear action plan to maximize your strengths, stay energized, and create a bigger impact.



EXERCISE 1:

WEEKLY ACTIVITY AUDIT

Purpose: To evaluate how you're spending your time and identify opportunities to align your actions with your Unique Genius.

Instructions:

1. Track Your Week:

- For one week, write down everything you do. Include work tasks, personal activities, and even downtime.

2. Review Your Activities:

- Circle tasks that align with your strengths.
- Highlight activities that light you up and bring you joy.
- Star tasks that align with your mission and vision.

EXERCISE 1:

WEEKLY ACTIVITY AUDIT

3. Analyze Your Results:

- Identify activities that meet all three criteria (circle, highlight, star). These are your Unique Genius tasks.
- For tasks that don't align, ask yourself:
 - Can I delegate this to someone else?
 - Can I automate this with a tool or system?
 - Should I stop doing this altogether?

4. Plan to Focus on Genius Work:

- Create a strategy to spend more time on activities that align with your Unique Genius.

Reflection Questions:

- What patterns did I notice in how I spend my time?
- How can I increase the time spent on tasks that align with my Unique Genius?

EXERCISE 2:

HABIT ASSESSMENT

Purpose: To identify the habits that support or hinder your ability to live in your Unique Genius.

Instructions:

1. List Current Habits:

- Write down habits you practice regularly. Include both positive and negative habits.

2. Evaluate Each Habit:

- Ask yourself:
 - Does this habit support my goals, mission, and vision?
 - Does it energize me or drain me?

3. Create a Start-Stop-Sustain List:

- **Start:** New habits that align with your goals.
Example: "Start journaling every morning to set my intentions for the day."
- **Stop:** Habits that drain your energy or distract you. Example: "Stop checking email first thing in the morning."
- **Sustain:** Existing habits that fuel your growth.
Example: "Continue weekly strategy sessions to stay focused on priorities."

Reflection Questions:

- What habit, if implemented today, would have the biggest positive impact on my life?
- What habit can I let go of to free up time and energy?

EXERCISE 3:

STRATEGY FOR SUCCESS

Purpose: To create a concrete action plan for living fully in your Unique Genius.

Instructions:

1. Set Quarterly Priorities:

- Choose 3–5 key priorities for the next 90 days that align with your goals and mission.
- Example: “Launch a podcast to amplify my message and connect with my audience.”

2. Write Action Steps:

- For each priority, outline specific steps you’ll take to achieve it.
- Example:
 - Priority: Launch a podcast.
 - Step 1: Research equipment and software (Week 1).
 - Step 2: Develop content topics (Week 2).
 - Step 3: Record and edit the first three episodes (Week 3).
 - Step 4: Publish and promote (Week 4).

3. Schedule Your Actions:

- Add each step to your calendar with deadlines.

4. Monitor Progress:

- At the end of each week, review your progress. Adjust your plan as needed to stay on track.



EXERCISE 4:

BUILDING ACCOUNTABILITY

Purpose: To ensure you stay committed to your action plan.

Instructions:

1. Find an Accountability Partner or Group:

- Choose someone who shares your values and goals or join a group where members can support one another.

2. Set Check-Ins:

- Schedule regular check-ins (e.g., weekly, monthly) to discuss progress, challenges, and next steps.

3. Celebrate Wins:

- Recognize and celebrate milestones to maintain motivation and momentum.

Reflection Questions:

- Who can I rely on to hold me accountable and encourage me?
- How can I celebrate small wins to stay motivated?

EXERCISE 5:

POURING GAS ON THE FIRE

Purpose: To amplify your impact by focusing on your Unique Genius.

Instructions:

1. **Identify High-Impact Activities:**

- Review tasks that align with your strengths, light you up, and support your mission.
- Ask yourself: How can I do more of this?

2. **Develop a Growth Plan:**

- Brainstorm ways to amplify these activities.
 - Example: If coaching lights you up, consider hosting workshops or creating online courses to reach more people.

3. **Eliminate Obstacles:**

- Address any barriers preventing you from focusing on these high-impact activities.

CLOSING REFLECTION FOR SECTION 4

Living fully in your Unique Genius is an ongoing journey. It's about consistently aligning your daily actions with your strengths, passions, and purpose. With your activity audit, habit assessment, and strategy for success in place, you're equipped to create a life of exponential impact and fulfillment.

Revisit this section regularly. Adjust your plans as you grow, and stay committed to your mission and vision. The magic happens when you show up with intention and take bold, courageous action. Let's go make it happen!



CONCLUSION: EMBRACING YOUR UNIQUE GENIUS

REFLECTING ON YOUR JOURNEY

Congratulations! By completing this workbook, you've taken a bold step toward living fully in your Unique Genius. You've peeled back the layers to uncover your strengths, passions, and purpose. You've crafted a mission and vision that align with your deepest values and dreams. You've set meaningful goals spanning every area of your life and developed strategies to ensure your daily actions move you closer to a life of harmony, impact, and fulfillment.

This journey wasn't just about discovering who you are—it was about reclaiming your power, stepping into your potential, and creating a blueprint for the extraordinary life and business you deserve. Reflect on how far you've come and how much closer you are to becoming the person you've always known you could be.



THE IMPORTANCE OF COURAGE AND CONSISTENCY

Living fully in your Unique Genius requires two essential traits: courage and consistency.

- **Courage** to face your fears, step out of your comfort zone, and say yes to what sets your soul on fire.
- **Consistency** to show up every day with intention, follow through on your commitments, and keep moving forward—even when it feels challenging.

The transformation you've begun doesn't stop here. It continues as you revisit your mission and vision, refine your goals, and implement the action plans you've created. Every decision, every step, and every action adds up to the life and business you're building.



A POWERFUL CALL TO ACTION

You have everything you need to create a life and business of exponential growth, profound joy, and extraordinary impact. Now is the time to act.

Commit to the Journey:

1. Revisit Your Workbook Regularly:

- Schedule time every quarter to review your mission, vision, and goals. Update them as you grow and evolve.

2. Celebrate Your Wins:

- Acknowledge and celebrate every milestone, no matter how small. Success is built on the foundation of consistent, incremental progress.

3. Lean Into Your Community:

- Surround yourself with people who uplift, inspire, and challenge you to be your best. Share your journey, seek accountability, and collaborate with like-minded individuals.

4. Live in Alignment:

- Keep asking yourself: Is this aligned with my Unique Genius? If not, find ways to delegate, automate, or eliminate tasks that don't serve your mission.

5. Be Bold and Brave:

- Take risks. Say yes to opportunities that scare you and excite you. The path to greatness is paved with moments of courage.



FINAL WORDS

Thank you for showing up, for embracing this journey, and for daring to dream bigger. The path ahead is yours to create, and I can't wait to see all that you achieve. Remember, you are capable, you are courageous, and you are uniquely gifted to make magic happen.

So go out there. Live boldly, dream fearlessly, and let your Unique Genius shine. The world is waiting for you.

Now, take that first step. Open your calendar, set your priorities, and begin creating the life and business of your dreams. Your journey has only just begun.

